**Free Summer Activities for Young Disabled People.**

Glasgow Disability Alliance are putting on multiple activities for young people throughout July and August.

Young disabled people from ages 14 upwards are welcome to join us. The activities are all from 10:30am to 3pm and transport, lunches and PA support are provided.

Places are limited and will go quickly so to register interest you can email [admin@gdaonline.co.uk](mailto:admin@gdaonline.co.uk) or call 0141 556 7103.

On Wednesday 5th of July, there is an art and music day. Are you passionate about your creative hobbies and want to practice your skills? Join us for a day of art and music to kick off our summer sessions!

On Thursday the 13th of July, there is an animation day. Come and join us for a day of learning different types of animation. From flip books to stop motion, there is something for everyone.

On Wednesday the 19th of July, there is a sports day. We are hosting our own accessible sports day! Suitable for all abilities, join us for fun, accessible sports activities.

On Thursday the 20th of July, there is a song writing day. Come learn how to write your own songs or work on one you are currently writing. Join us for a song writing day to get your creative juices flowing.

On Thursday the 27th of July, there is a social security grants for young disabled people day. Join our welfare rights advisors to find out the financial support you are entitled to! Tell Social Security Scotland your experiences of using their services. Parents and carers are welcome to join.

On Wednesday the 2nd and Thursday the 3rd of August, there is a 2-day monoprinting course. Come experience this artistic workshop to learn a new skill. Create your own art pieces using a quick and easy printing method.

On Thursday the 10th of August, there is a have your say on transitions for young disabled people day. We want to hear your experiences of transitions – your concerns, what works and what could be better. If you are approaching a transition, currently going through one or have been there and done that, your voice can help shape change!

GDA welcomes young people with any type of impairment/disability. Don’t be bored this summer, come and join us to meet others and have some fun!

Visit [www.gda.scot](http://www.gda.scot) for more information.

End of bulletin.