Song & Rap Writing! 11am - 1pm Thursday 8th April

- □ Write, perform and record your song / rap!



Tuesday 13th April 11am-1pm Crafty Collage Making!

- * Make your own collage using coloured paper.
- * We can send you craft items.



Tik Tok Dance! 11am-1pm Thursday 15th April

- Work with a professional choreographer to learn dance moves!
- Make a Tik Tok filmed version of the dance if you want to.

Make your own "Happy Jar"! Thurs 15th April 2pm - 4pm

- Learn how to make a little jar filled with positive notes.
- Brighten each day with a happy thought!



Young Person's Guarantee (age up to 24)

Information session Tuesday 13th April 2pm - 3.30pm



- ✓ Learn how the Young Person's Guarantee can help you reach your goals and ambitions for your future.
- Get information and advice on how to access support for getting a work experience placement, a job, an apprenticeship, or a college or university place.
- ✓ Meet the people who can help you succeed!

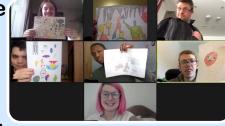
Confidence Booster & Goal Setting

4 days: 1.30pm - 3.30pm each day

Wed 7th, Fri 9th, Wed 14th and Fri 16th April

This 4-day, fun filled programme will help you to:

- © Build your confidence!
- © Learn how to set goals!
- © Say what you want and need!
- Make positive choices for your future!



How to join us online



- You need a device with a camera, microphone and speaker so you can take part fully in online learning. This could be a smartphone, tablet, IPad, or similar device.
- If you do not have a camera or microphone on your device, you can still watch the session.
- We can help you download Zoom, learn how to use it and gain confidence before you join in the learning.
- If you do not have a device or Wi-Fi, please contact us to find out if we can help.

For more info or to book a place:

Call: 0141 556 7103

Text: 07958 299 496

admin@gdaonline.co.uk www.gda.scot

GDA Facebook @GDA__online













Easter Holiday fun for Young Disabled People!



Join us for free online fun! **April 2021**

Find out about GDA! Meet others!

Have fun!

Dates and times inside!

Booking details on back page >>>>