

## **Glasgow Disability Alliance** Confident Connected Contributing



GDA is run by and for disabled people. We have thousands of members across Greater Glasgow.

Get out, have fun and meet new people, learn new skills and discover your talents.

"You feel part of something bigger, you feel valued." GDA member Free to join!

Free learning + events

Free transport +support

# Working together for equality

Our vision is a world where disabled people can participate on a full and equal basis in all aspects of our lives, communities and society. Disabled people know best what works, what doesn't and what needs to change to achieve this vision.

GDA supports disabled people to share their lived experience with services, policy makers and decision makers and works together to tackle barriers and build solutions with disabled people and others.

# **Building Confidence**

GDA Learning is fun, free and fully accessible!

From aromatherapy to ipads, from fishing to First Aid: our taster days something for everyone. Whatever your age or interests – have a go, **GDA programmes** will support you to build confidence, set goals, f life, and help you get where you want to be!

# **Enabling Contributions**

Disabled people have crucial skills, talents and contributions to m learning, volunteering, supporting others, or pursuing their own of GDA supports disabled people to challenge barriers and discriminat shape decision and services to improve lives.

# **Making Connections**

### Through GDA our members connect to:

- · A diverse community of disabled people
- Peer support: sharing experiences of barriers and creative solutions to tackle them
- Information and support services
- Opportunities to be heard, achieve goals and fulfil potential
- Tackle isolation and loneliness often experienced by disabled people



"GDA provide the access and support I need to take part, learn something new, find information I need. I've made friends, I'm a lot more confident. Now I'm giving something back by supporting others."

s and longer courses offer try something new! feel more in control of your



**ake whether through work, goals.** ion, share their voices and





Led by disabled people Disabled people's talents, strengths and lived experiences are at the heart of GDA. Our members help us design and develop everything we do.

# Join us!

### GDA membership is FREE and open to:

- Disabled people aged 11+
- People with long term conditions living in the Greater Glasgow area.

Members receive our newsletter and invitations to a whole range of learning and events, totally FREE!

### If you are a:

- Carer or family member
- Worker supporting disabled people

You can join as an associate, non-voting member, to receive information and invitations to some of our events.

### Contact us to apply!

Suite 303 • The White Studios Templeton Business Centre • Glasgow G40 1DA Tel: 0141 556 7103 • Text: 07958 299 496 Email: info@gdaonline.co.uk \_\_\_\_\_ WW

#### GDA is a 3rd Party Reporting Centre.

Contact us if you need help to report a disability Hate Crime.



Glasgow Disability Alliance is a registered Scottish Charity number: SC034247 Company number: SC248467

### www.gda.scot

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impact FUNDING

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