

### **Glasgow Disability Alliance** Confident Connected Contributing

GDA is run by and for disabled people. We have thousands of members across Greater Glasgow.

### Our free, accessible learning and events

- bring people together
- build confidence and connections

### We support each other to

- tackle barriers
- access information and services
- unlock new opportunities
- participate, contribute and use our voice

### Join us for a chance to

supporting

• get out, have fun and meet new people

each other

· learn new skills and discover your talents

Free to join!

Free learning + events

Free transport

"GDA understand the barriers. That's why they provide transport and personal assistance. That's what allows me to be part of society, part of Scotland." Idrees (26) GDA member



## **Building Confidence**

# GDA Learning is fun, free and fully accessible!

From aromatherapy to ipads, from fishing to First Aid: our taster days and longer courses offer something for everyone. Whatever your age or interests have a go, try something new! **GDA Programmes** will support you to build confidence, set goals, feel more in control of your life, and help you get where you want to be!



### Making Connections Through GDA our members connect to:

- a diverse community of disabled people
- peer support: sharing experiences of barriers and creative solutions to tackle them
- information and support services
- opportunities to be heard, achieve goals and fulfil potential

"GDA provide the access and support I need to take part, learn something new, find the information I need. I've made friends, I'm a lot more confident. Now I'm giving something back by supporting others."



### **Enabling Contributions**

Disabled people have crucial skills, talents and contributions to make whether through work, learning, volunteering, supporting others, or pursuing their own goals.

GDA supports disabled people to challenge barriers and discrimination, share their voices and shape decisions and services to improve lives.



# Working together for equality

Our vision is a world where disabled people can participate on a full and equal basis in all aspects of our lives, communities and society. Disabled people know best what works, what doesn't and what needs to change to achieve this vision.

GDA supports disabled people to share their expertise with partner

Led by disabled people Disabled people's talents, strengths and lived experiences are at the heart of GDA. Our members help us design and develop everything we do.

organisations and work together to tackle barriers and build solutions.

#### GDA supports partner organisations to:

- involve disabled people and harness their expertise
- make services fully accessible and effective
- make all our resources go further to improve lives and build a more equal, inclusive Glasgow

Contact us to find out how we can help your organisation!



# Join us!

### GDA membership is FREE and open to:

- Disabled people
- People with long term conditions

living in the Greater Glasgow area.

Members receive our newsletter and invitations to a whole range of learning and events, totally FREE!

### If you are a:

- Carer or family member
- Worker supporting disabled people

You can join as an associate, non-voting member, to receive information and invitations to some of our events.

### **Contact us to apply!**

Suite 301 • The White Studios Templeton Business Centre • Glasgow G40 1DA Tel: 0141 556 7103 • Text: 07958 299 496 www.gda.scot Email: info@gdaonline.co.uk

Free courses

+ events

Fully accessible

Free transport +support

#### GDA is a 3rd Party **Reporting Centre.**

Contact us if you need help to report a disability Hate Crime.



Glasgow Disability Alliance is a registered Scottish Charity number: SC034247 Company number: SC248467

## Glasgow 2016



**Glasgow Disability Alliance** Confident Connected Contributing